



Tommy Toothbrush Study Guide

Teachers,

To make your Tommy Toothbrush appearance even better for your children, please use this study guide prior to Tommy's visit. Topics Tommy will talk about:

Brushing

- a. **Why do we brush our teeth?**
- b. **When do we brush our teeth?**

Eating Good Foods

- a. **Why should we eat good foods?**
- b. **Discuss the four food groups.**

Going to the Dentist

- a. **The dentist is your friend**
- b. **What happens at the dentist's office?**

Using Dental Floss

- a. **What is floss?**
- b. **What is plaque?**